

GCC checklist

Professional Development

We have prepared a series of checklists to help you meet the requirements set out in the new [Code of Professional Practice](#).

This checklist is on professional development. It sets out the practical steps you can take to meet Principle I of the Code and the requirement to maintain, develop and work within your professional knowledge and skills.

	Fully	Partially	Needs work	n/a
Competence				
I am aware of the standards expected of me in the Code of Professional Practice and I maintain the highest standards of professional conduct.				
I keep up to date with the latest thinking and treatment methods to ensure I can provide the most effective support and advice to my patients.				
I recognise the importance of identifying and learning from any mistakes or incidents that could have an impact on the safe treatment of my patients.				
I use my professional judgement to recognise and work within the limits of my knowledge, skills and competence to ensure the safety of my patients.				

	Fully	Partially	Needs work	n/a
Continuing Professional Development (CPD)				
I view CPD as an opportunity to expand my skills and knowledge for the benefit of my patients.				
My performance review is up to date with clear actions for continuing professional development.				
I seek professional advice from colleagues, peers and my professional association to help my professional development.				
I seek feedback on my performance from colleagues and peers to ensure I continue to develop my professional skills and knowledge.				
I regularly take part in relevant and regular learning and professional development activities to ensure I'm competent in all aspects of my professional work.				
Reflection				
I encourage time and space for reflection in the workplace for myself and my colleagues.				
I make time to learn from the experiences of others, discussing cases informally with colleagues and mentors.				
I regularly review incident reports to consider what worked and what could have been done better to improve patient care.				
I view difficult situations as a learning opportunity to make positive changes to my work.				
I reflect on my personal circumstances and seek support and advice, if needed.				

Further information

- You can read the Code of Professional Practice in full here:
[The Code of Professional Practice | GCC](#)
- You can find the other checklists in this series at www.gcc-uk.org Just search: checklist
- There are also videos that help explain the key aspects in the new Code.
Search at www.gcc-uk.org or on YouTube.